

Physical Education

Topic overview – Games for Understanding



The unit of work will develop pupils' ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics in order to move the ball up the court, creating an attack that results in a shooting opportunity.

Year group: 1

Term: Summer 2

Prior knowledge

The unit of work will explore why we need to follow the rules and keep the score during a game.

Pupils will learn how to apply very simple tactics for attacking and defending in games.

National Curriculum Objectives

Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Participate in team games, developing simple tactics for attacking and defending



By the end of this unit, I will be able to:

Doing - Pupils will be able to move into spaces avoiding other pupils. Pupils will also be able to adjust their speed and change direction to avoid other pupils.

Thinking - Pupils will experiment moving in different ways, moving confidently and concentrating on any instructions.

Team Work - Pupils will develop life skills such as fairness, while playing by the rules of the game and empathy when they need to encourage others.

Wellbeing - Pupils will start to explore honesty, as they learn to keep the score and self-belief, understanding why it is important to try our hardest.

Key vocabulary

- Attack
- Defence
- Rules
- Working together